

Title IV, Part A- Safe & Drug-Free Schools Governor's Discretionary Final Year End Report Summary

19th Circuit Court, Family Division – Manistee, MI FY 2003-04 Full Year Program

Summary

The 19th Circuit Court, Family Division received \$12,000 to provide the Strengthening Families Program for 30 youth and 60 parents. The program will be conducted in three 7-week sessions in the fall and spring, and one during the summer. Other components will include mentoring, academic enrichment, and community service for the youth.

Final Report

Goal 1: To change the Drug Use Behavior of Youth and Parents

The pre-test indicated that drinking and using drugs was not that harmful to family issues in 70% of the adults and families that took the test. Once the program was completed the post-test was administered and it was determined 85% of the participants had learned that drug behavior can be harmful to families and individuals in their life.

Goal 2: Parents and Youth will change their attitude on Drugs and Alcohol

Initially, the seven males thought drugs and alcohol were not a problem and after the program that changed.

Process Indicators (Accomplishments towards goals or as a result of activities)

- The program served 15 families, which included 18 adults and 23 youth.
- Of the numbers served, only two families and two youth have come back into court.
- All 15 families felt they had learned something that would be useful in the future. The biggest concern with 1/2 of the families was taking what they learned and implementing it into their daily life.
- The program worked to increase the number of participants by holding sessions in Bear Lake and Kaleva Norman Dickson School Districts during this past year. Both school districts are 20 miles from where the program is currently being held.

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53rd Circuit Court, Family Division - Cheboygan, MI FY 2003-04 Full Year Program

Summary

The Cheboygan Family Court-Juvenile Division received \$100,000 to provide a full day program for approximately 20 adjudicated youth and their caregivers. The program will provide six research-based programs, on-site education, crisis intervention prevention services, life skills training, mentoring, and educational field trips.

Final Report

Goal 1: Youth will decrease their drug use by 10%

Pre-test indicated:

90% of the youth tested strongly agreed they would consider using drugs if their friends did.

95% of the youth agreed that they could stop using drugs if they choose to.

75% of the youth agreed that it was ok to try drugs.

80% agreed that you could find new friends that don't use drugs if they wanted to.

60% agreed that they would ask for help to stop using drugs.

95% percent of the youth strongly agree that if they refuse to try drugs their friends would think they were afraid.

Post-test indicated:

80% of the youth tested strongly agreed they would consider using drugs if their friends did.

80% of the youth agreed that they could stop using drugs if they choose to.

75% of the youth agreed that it was OK to try drugs.

80% agreed that you could find new friends that don't use drugs if they wanted to.

60% agreed that they would ask for help to stop using drugs.

100% percent of the youth strongly agree that if they refuse to try drugs their friends would think they were afraid.

Process Indicators (Accomplishments towards goals or as a result of activities)

- The program served 21 youth, and 30 parents/guardians.
- Court records show that out of 21 youth who participated in the SAYPA program 6 were placed on long term care due to new charges or probation violation, three of them were for drug charge/use and at least one youth was living in a neglectful situation.
- 15 youth out of the 21 youth did not commit a new offence or was not removed from their homes.
- The Straits Area Youth Promotion Academy adopted the "Boystown Social Skills Model" based upon modeling the successful day prevention program operated by the Branch County Juvenile Court Program.
- Youth participated in field trips to a climbing wall, organized by the SAYPA and the Alternative Education program to continue the development of trust and team building skills.
- Youth and parents participated in a local conservation effort to help save the sturgeon. Both youth and parents were thrilled to hold the prehistoric fish.
- Another facet of the program was the 10-week by-weekly Parenting Sessions. SAYPA uses the Strengthening Families program.

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Boys & Girls Club of Alpena- Alpena, MI FY 2003-04 Full Year Program

Summary

The Boys and Girls Club of Alpena received \$55,000 to provide the Smart Moves Prevention Program to 775 youth, ages 6-18 years of age. The full year program will also provide a parent component, two service projects, a fine arts program, academic enrichment, job readiness skills, mentoring, and a fitness and nutrition program.

Final Report

Goal 1: Participants will decrease use of tobacco, alcohol and other drugs by 10%

Overall, there was an 11.1% decrease in ATOD behaviors from the pre score (17.1) to post score (6.0). There was a 74.6 decrease in the number of youth who frequently smoked cigarettes during the past 30 days.

Process Indicators (Accomplishments towards goals or as a result of activities)

- The program served 2,098 school-aged youth, and 512 parents/guardians.
- The offenses of this group are generally violent in nature. There was a 1.5% increase in violent behavior that can be attributed to the fact that the group needs a person who focuses on them and their needs.
- The program provided a Costume Dance with activities for teens on Devil's night to help keep teens off the streets during that high-risk time. To get in youth brought a canned food for the Sunrise Mission Homeless Shelter.
- Local media recognized the club in December 2003 as an exemplary staff.
- Jr. High members participated in a 3 1-week day camp run by local Law enforcement in the Club.
- The club participated in the Christmas Parade and the 4th of July Parade

Success Stories

- A parent told the program director that the Club does a wonderful job and is a necessity for many young people in their community. His son, Justin, is in 7th grade and has FAE. He said that the Club's staff members are some of the few people who learned about Justin's strengths and weaknesses. Justin's dad said without the Club staff and programs, he doesn't believe Justin would have survived Jr. High school. Justin attended the Club daily.

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Boys & Girls Club of Kalamazoo - Kalamazoo, MI FY 2003-04 Full Year Program

Summary

The Boys and Girls Club of Greater Kalamazoo received \$35,000 to provide the SMART Moves prevention program and a delinquency prevention program. The prevention program will target 240 youth, ages 6-18 years of age, and 40 parents. Other components of the program will include conflict resolution, community service opportunities, character and leadership development, health and Life Skills, arts and recreation, education and career development.

Final Report

Goal 1: Increase in perceived harm with respect to substance use

The pre/post tests results did not reflect a significant change in attitude; however, the pre tests reflect that youth begin the program with an above average knowledge about substance abuse and, for the most part, already possessing an existing attitude of perceived harm with respect to substance use. Because of this, the SMART Moves Coordinator strived to reinforce this attitude through skill-development, character building, and self-esteem development.

Process Indicators (Accomplishments towards goals or as a result of activities)

- The prevention program targeted 454 youth, ages 6-18 years of age, and 16 parents/guardians.
- The program additionally provides the community with group mediations and anger management classes for youth (utilizing components of the Street SMART curriculum).
- The program also offers to parents 3 free workshops per month, participation on the Parent Advisory Council, and a male parenting group.

Success Stories

- After one SMART Moves session, a young member told the SMART Moves Coordinator that her mother was dying of cancer. The member was upset that her mother was still smoking. Although the mother did not have lung cancer, the member felt that her mother was still harming herself and the others in the house because she continued to smoke. The member indicated that she had learned these things in SMART Moves and was planning to discuss this with her mother that evening.

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Catholic Social Services of Oakland County- Pontiac, MI FY 2003-04 Full Year Program

Summary

Catholic Social Services of Oakland County received \$50,000 to conduct the Dare To Be You prevention program for 174 preschoolers and their parents. Three sessions will be conducted to focus on drugs and violence for Hispanics in Pontiac. Other services available will include, Assets Approach, mentoring for Hispanic youth, after-school program, tutoring, English as a second language classes, and S.T.E.P. Parenting classes.

Final Report

Goal 1: Attitudes toward drug use by pre-kindergarten children and their parents

In addition to the APPI survey, the program began using a tool developed by Jim O'Neill, DTBY evaluator, for the first time with groups 10 and 11; the results for the post test will be ready in January 2005.

Process Indicators (Accomplishments towards goals or as a result of activities)

- 102 youth, and 91 parents/guardians participated in the program.
- Key elements used in the program were: family support, positive self-concept, sense of personal responsibility and personal power, positive communication or social skills, enhanced decision-making and reasoning skills, working toward goals, and positive world outlook.
- Parents developed better discipline methods, interacted more with their children and showed more empathy to their spouses and children, increased interaction in the children's school life, and improved language skills. The most significant improvement was in parent and child self-esteem.
- In the follow-up session parents said that they now think more about their responsibility as parents, see themselves as role models for their children, and always remember that they have to treat their children with respect and improve their self-esteem .

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Catholic Social Services of Wayne County- Detroit, MI FY 2003-04 Full Year Program

Summary

Catholic Social Services of Wayne County received \$80,000 to provide the Strengthening Families Program and the Second Step Violence Prevention Program to 200 youth, from pre-kindergarten to 8th grade, and 100 parents. The seven week programs will be provided to pre-delinquent youth, youth in detention centers, youth in after-school and recreational centers, and families residing in transitional housing, battered women shelters, and homeless shelters.

Final Report

Goal 1: To increase the positive attitude toward the non-use of violence

The overall outcome for the program is that 89% of participants demonstrated an increase in the positive attitude toward the non-use of violence utilizing the Second Step Violence Prevention Program. The Strengthening Families Program participants demonstrated an increase in the positive attitude toward the non-use of ATOD.

Process Indicators (Accomplishments towards goals or as a result of activities)

- The program provided services to 293 youth and 97 parents/guardians.
- CSSWC client satisfaction surveys indicated that over 90% of program participants were satisfied with the program content, delivery of program, the times program services were conducted and would recommend the program to others.

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Chaldean American Ladies of Charity - Southfield, MI FY 2003-04 Full Year Program

Summary

The Chaldean-American Ladies of Charity received \$100,000 to provide the Strengthening Families Program at four sites serving 100 youth and 60 adults. The goal is to encourage youth to abstain from drugs, develop life skills to deal with peer influences, encourage school involvement, and educate families on prevention of drug use and abuse.

Final Report

Goal 1: Increase awareness of harms and risks of drug & alcohol use by 20%

The increase in youth's perceptions about the risks of ATOD, following completion of the SCF Program was determined to be as follows: Southfield Group - 12%, West Bloomfield/Walled Lake/Farmington Hills Group - 24% as to alcohol use and 16% increase as to cocaine use, Ferndale Group – 48%, Troy Group – 73%

Process Indicators (Accomplishments towards goals or as a result of activities)

- The program served 95 youth, and 60 parents/guardians.
- Parents who had completed the program, had a 33%-54% increase in treating youth with respect and helping youth to understand family rules, and improved communication with their children.
- The youth in the Ferndale Program were given assignments in school that involved essays on substance abuse. Ferndale Youth whom had participated in the SCF Program were given awards for the essays they wrote.

Success Stories

- One of the youth reported that she stopped two of her friends from getting into a physical fight by using what she learned during the session. She reported "I was able to get the two girls to hug each other which made me feel very proud of myself."
- Families also began to engage engaging in more family activities with each other. As one youth stated "both my mother and father have been spending more time with us and we now do family activities with both parents." Parents stated they enjoyed spending more time with their children.

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Child & Family Services of the U.P. – Marquette, MI FY 2003-04 Full Year Program

Summary

The Child and Family Services of the U.P. received \$88,458 to provide the Strengthening Families Program to 65 families, Let Each One Teach One Mentor Program, and provide the Better Future Mentoring Program to 35 middle school youth. The programs will provide resistance and assertiveness skills, drug information, strengthen bonds within the family, increase academic skills, and increase communication skills.

Final Report

Goal 1: Decrease the use of alcohol, tobacco, and other drugs

Before having a mentor, 65% of the youth participated in ATOD behaviors. After having a mentor, only 17% participated in ATOD behaviors. There was a 5% positive change for tobacco use of students. There was a positive change of 4.25% regarding the use of alcohol, and a positive change of 7% for drug use.

Goal 2: Increase in healthy attitudes regarding the use of ATOD

In the Better Future Mentoring Program the overall perceived risk of smoking marijuana increased by 11%, using inhalants increased by 11%, taking one or two drinks of an alcoholic beverage nearly every day increased by 8%. In the Strengthening Families Program 54% of all youth reported knowing what their parents/caregivers think they should do about drugs and alcohol. 61% of all parents/caregivers reported that they inform their child specifically what they expect regarding alcohol and drug use. In the Let Each One Teach One Mentor program there was an overall positive change of 6%.

Process Indicators (Accomplishments towards goals or as a result of activities)

- 288 youth, and 71 parents/guardians participated in the programs.
- Out of the 58 youth that were mentored, only two were regularly meeting with their mentor during their offense. This means 97% of all youth that are mentored through the Better Future program did not commit additional offenses while being mentored.
- Of the 52 families, 69% completed at least five of the seven SFP program lessons, which dealt with ATOD.

Success Stories

- The following are some comments made by participants who were involved in the Better Future program:
"My mentor talked about getting in trouble and I decided not to do what I was going to do, which was run away," Frances, age 14.
"My mentor taught me that drugs are not the answer for anything," Kate, age 13.
"My mentor cared that I do not get into drugs," David, age 15.

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Child & Family Resource Council – Grand Rapids, MI FY 2003-04 Full Year Program

Summary

The Child & Family Resource Council received \$29,782 to provide the In Touch With Teens violence prevention program to 700 youth, ages 12-17. The full year program will be provided to youth referred from the courts, the juvenile detention facility, the substance abuse treatment facility, Steepletown summer camp, Parks and Recreation Department, and through other community youth programs.

Final Report

Goal 1: Increase in knowledge and awareness of topic in at least 85% of participants

Based on pre & post test survey results, 95% of participants showed an increase in knowledge due to the RAVE programming. Eight out of the 20 pre/post test survey questions showed approximately a 10% increase toward the understanding of appropriate behavior in a relationship.

Goal 2: Increase in knowledge regarding the link between substance abuse & relationship violence

Even though the topic of substance abuse and relationship violence was covered in the RAVE curriculum, RAVE was unable to capture knowledge increase on this topic from the pre/post test. The pre/post test RAVE used during the 2003/2004 fiscal year did not ask for reaction to this topic. However, goals and outcomes have been changed for the upcoming grant year, as RAVE will be implementing pre/post test tools created by Dr. Jim O'Neill.

Goal 3: Participants will decrease their negative attitude toward relationship violence by 10%

The results revealed that at least 80% would behave in a non-violent behavior.

Goal 4: 85% of participants will self report overall satisfaction with RAVE programming

91% of the participants self reported overall satisfaction with the RAVE program, which exceeded the goal by 6%.

Process Indicators (Accomplishments towards goals or as a result of activities)

- The program served 468 youth, and 26 parents/guardians.
- Due to the sensitive materials covered, the RAVE program was pleased to have 95% of the participants self-reporting that they would recommend this program to other kids their age.
- RAVE now has representation from the Caucasian, African-American, Hispanic, & Asian cultures as well as a number of males involved.
- Qualitative feedback included the Juvenile Court stating "The information was great-but it was the style of the presentation that made our kids really accept and think about the information".
- A comment from the Circuit Court Family Division stated: "The kids remained interested for the entire 4 hours - WOW! Plus, they felt comfortable asking questions. Please continue to run this program".

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Community Services of Oakland – Pontiac, MI FY 2003-04 Full Year Program

Summary

Catholic Social Services of Oakland County received \$50,000 to provide a six-week program, which provides 70 six-to-twelve year old, high risk youth of the Madison Public School District the LIFE SKILLS Program with anger management, alternatives to violence and anti-substance abuse education wrapped into a summer enrichment program with recreation, tutoring, mentoring and field trips.

Final Report

Goal 1: 10% of participants will increase their negative attitudes

Pre and post tests were used. Overall 12% of the participants increased their negative attitudes regarding violence.

Process Indicators (Accomplishments towards goals or as a result of activities)

- 164 youth participated in the programs.
- The overall reaction by students, staff and administrators in the program was very positive.
- Field trips included: Fairlanes Bowl, Skate World, Thelma Spencer Beach, Oakland County Parks and Recreation Mobile (on site) and the Red Oaks Water Park. The program concluded with Family Fun Day in which the participant's parents and guardians attended and learned about the program their children took part in.
- 40 older youth (middle school and older) in the program became "Helper/Volunteers" with the younger participants. They assisted the adult group leaders, read to groups of younger participants, assisted in doing recreation and arts and crafts activities.

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Center for Occupational & Personalized Education – Ann Arbor, MI FY 2003-04 Full Year Program

Summary

Center for Occupational & Personalized Education received \$62,850 to provide the Life Skills Prevention Program coupled with an individualized academic program to 80 youth, ages 10-18. The program will serve suspended and expelled youth from the public school, as well as youth who are expelled under the State of Michigan's weapons in school" law. The program instills a sense of success along with a desire to return to public school and the opportunity to earn credit towards high school completion and creating a positive attitude towards the non-use of substances and avoidance of violence.

Final Report

Goal 1: Improve the attitudes of students towards nonuse of substances and violent behavior

The students that completed the program showed an average 16.9% increase in their positive attitude about non-use of substances.

Process Indicators (Accomplishments towards goals or as a result of activities)

- The program served 95 youth.
- C.O.P.E. collaborated with the local school districts, Juvenile Court, law enforcement agencies, parents, and other community agencies.
- The program served those who were economically disadvantaged, school dropouts, expelled, victims of abuse/neglect, on court probation or have demonstrated other at-risk behaviors.
- The 95 students enrolled earned 111.5 credits towards high school graduation (the equivalent of 223 one semester high school classes).
- Students enrolled for the full year typically experienced a 1 to 3 grade level increase in basic academic skills.

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County of Branch – Coldwater, MI FY 2003-04 Full Year Program

Summary

Branch County, 15th Circuit Court received \$70,000 to provide a Day Prevention Program for 22 adjudicated youth, ages 12-16, who are court referred. Services will include Aggression Replacement Services, family education on conflict resolution, substance abuse prevention, on-site work program, community restoration, a regimented daily schedule, and academic instruction. Youth who master and demonstrate academic competency and social skill development are considered for transition back to their home school with continued support services of the Day Prevention Program. Twenty-six parents will also be required to attend parenting classes and participate in other scheduled activities.

Final Report

Goal 1: Decrease the negative attitude by 30% in acceptance of aggressive behavior

The CDC A4 instrument was used as the pre-post test to measure degree of change in the youth's attitude.

Pre/post survey questions:

Q1: If I walk away from a fight, I'd be a coward (chicken). The mean score dropped from 2.5 to 1.55.

Q2: I don't need to fight because there are other ways to dealing with being mad. The mean score dropped from 2.7 to 2.1.

Q3: It's okay to hit someone who hits you first. The mean score dropped from 3.5 to 2.6.

Q4: If a kid teases me, I usually cannot get him/her to stop unless I hit him/her. The mean score dropped from 2.5 to 2.1.

Q5: If I really want to, I can usually talk someone out of trying to fight with me. The mean score dropped from 3.05 to 2.2.

Q6: If I refuse to fight, my friends will think I'm afraid. The mean score dropped from 3.15 to 2.6.

Process Indicators (Accomplishments towards goals or as a result of activities)

- The programs served 22 youth, and 28 parents/guardians.
- Youth involved in the program received random drug screenings of which 89% was the pass rate.
- 87% of parents stated their child is more accepting of parent decisions.
- 75% of parents indicated their child's behavior has improved at home and improved willingness to follow directions of parent.
- 87% of youth feel confident in handling the school environment.

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County of St. Clair Sheriff's Office – Port Huron, MI FY 2003-04 Full Year Program

Summary

The St. Clair County Sheriff Department received \$27,000 to provide the Aggressors, Victims, and Bystanders: Thinking and Acting to Prevention Violence to 30 youth, ages 13-14, and Preparing for the Drug-Free Years for 25 parents. The summer program will provide conflict resolution and anger management skills, substance abuse prevention, community service activities, and improved academic enrichment.

Final Report

Goal 1: The goal is to decrease the violent conflicts and actions

After attending Summer TEAM students reported 3% less bullying, fighting and other violent behavior according to pre and post tests.

Goal 2: Conflicts may be settled without violence

At the Research Center for Group Dynamics and through the Institute for Social research at the University of Michigan, Dr. L.R. Huesmann, Ph.D, developed the survey that was implemented at Summer TEAM. For attitude toward violence the students showed a 6% change in the positive direction. The change for attitude toward conflict was 3% in the positive direction.

Process Indicators (Accomplishments towards goals or as a result of activities)

- The program served 43 youth, and 30 parents/guardians.
- Mentors and supervisors also noticed positive changes in verbal and physical actions when students discussed violence, anger, and bullying.
- Fifteen parents received a specialized illicit drug identification course from Deputy King and "Fatal Vision Goggles" on parent day.

Success Stories

- One TEAM student had been placed in 10 different foster homes in the past 3 years, with numerous school changes. His school social worker advised the newest foster parents that Summer TEAM would be a valuable program for him. During the first week of TEAM this student told his Mentor that he had tried to "get kicked out" of his newest foster home. Deputy King shared this information with the foster Mom. The fact came as no surprise to the mom who had been trying to deal with all kinds of anti-social behavior. On Summer TEAM graduation his foster Mom stated that she could see major changes in her foster son's behavior, that she sensed no repeated attempt to "act out" in order to get out of the new foster home and be placed with his uncle. In October 2004 Deputy King ran into this student at his middle school. He told Deputy King that things were going very well for him at his foster parents home.

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Cristo Rey Community Center – Lansing, MI FY 2003-04 Full Year Program

Summary

Cristo Rey Community Center received \$100,000 to provide the Nurturing Program and Aggressive Replacement Training for 270 youth, ages 12-18, and 140 parents. They will also offer a computer-based program, Parenting Wisely, in Spanish and English to parents. The programs will address drug and violence, conflict management, positive communication and pro-social skills, and social skills knowledge.

Final Report

Goal 1: Decrease incidents of violent behavior and increase appropriate behavior

Overall improvement was 39.34% reduction in aggressive behaviors and 22.18% improvement in appropriate behaviors. The Summer Break Program scores were 53.9% decrease in aggressive behaviors and 27.41% improvement in appropriate behaviors compared to the Roots and Wings & Family Circle programs, which were 29.27% decrease in aggressive behaviors and 19.41% increase in appropriate behaviors.

Goal 2: Improved attitude against the use of violence to settle conflicts

Overall, there was a 34.8% increase. The Summer Break Program showed a 55.2% increase in scores compared to 21.59% in the Roots and Wings and Family Circle programs.

Process Indicators (Accomplishments towards goals or as a result of activities)

- 402 youth, and 207 parents/guardians participated in the programs.
- The Summer Break Program provided classes 10 hours per day, five days per week for six weeks.
- The program incorporated interactive group discussions, role-playing, games, and art activities that revolved around a specific topic.

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Delta Menominee District Health Department – Escanaba, MI FY 2003-04 Full Year Program

Summary

Delta Menominee District Health Department received \$27,761 to provide two community coalitions. The Coalition will continue to support the Delta County Community Violence Prevention Council and the development of the Menominee County Coalition for the youth drug and violence prevention council. Based on the local data assessments, the two coalitions will implement activities by providing drug and violence prevention education through the media, develop and disseminate education materials in the communities, provide parent education workshops, and presentations to youth and parents. The Coalitions provide a forum for coordination of existing prevention and intervention resources and gaps in services. They will target 10,000 youth and 1,200 parents.

Final Report

Goal 1: Through coalition activities, community attitudes toward violence will change

95% of attendees of Col Grossman's presentation reported increased knowledge of media violence on behavior. 92.5% of attendees of Tim Lee's presentation reported increased knowledge & awareness of computer crimes. "Every 15 Minutes" evaluations showed that 61% of the 18 students involved in the retreat activities thought the program was very effective in helping them realize how their actions affected others. 33% of the youth thought it was effective and 6% of the youth had no opinion.

Process Indicators (Accomplishments towards goals or as a result of activities)

- The community coalitions served 2,610 youth, 556 parents/guardians, and 1052 others that included law enforcement officials, school personal, and other community members.
- As a result of the Grossman presentations, the coalition sponsored events that promote positive themes such as the poster contest displays in the community, served to educate all people.
- The schools that participated in "Turn off the TV" campaigns with their students showed families how to make other choices as to how they spend time together (reading, board games, sports, and talking). Results from "Turn off the TV" showed 78% of the students reported watching from 5-25 hours of television during the week. In the post survey this was reduced to 57% of the students. In the survey question regarding the hours spent on video games, 14% of the students reported 5-10 or more hours in the pre-survey; in the post study this was reduced to 3%.
- Det. Lee's presentation was video-taped to be used as a valuable educational tool on Internet safety for community members & parents.
- As a result of this presentation, local school districts have been implementing policy change and updates of safety procedures. Col. Grossman was also asked to return to the area to train 800 area educators on violence prevention.
- Daily radio ads were aired approximately four times a day on five stations throughout Delta and Menominee counties on the Radio Results Network. The ads were estimated to have covered 80% of the Upper Peninsula.

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Detroit Association of Black Organizations – Detroit, MI FY 2003-04 Full Year Program

Summary

The Detroit Association of Black Organizations received \$40,000 to conduct two research based prevention programs to 100 youth and 40 parents. Project Northland and Responding in Peaceful and Positive Ways will focus on promoting and influencing drug, gang, and violence free attitudes and behaviors in collaboration with churches and organizations. The after-school program will include academic tutoring, reading enrichment, vocational and occupational exploration, conflict resolution, positive peer culturing, computer training, health education, and recreational activities.

Final Report

Goal 1: Decrease discipline problems due to fighting

Pre and pos tests were used to evaluate (a. sample size 25, b. grade levels were grade 8-12th grade, c. we used pre and post test which will be forwarded along with our written program evaluation with 30 days). **Results forwarded?**

Process Indicators (Accomplishments towards goals or as a result of activities)

- The program served 166 youth, and 62 parents/guardians.
- Some of the extra activities involved Detroit Piston Basketball games, sessions with current and former Detroit Lion football players, program wide recruitment fair, parenting classes to assist parents in parenting, and other field trips to Detroit Tiger games, the Zoo, and to various museums.
- The COT collaborative members, with the Detroit Association of Black Organizations being the lead agency, were Second Chapel Hill, Revelation Church, Tree of Life Church, the Safe Center, Inc., St. John Health Parish Nurse Program, Open Arms Grieving Children's Program, New Galilee Church, and St. Raymond's Church.
- Participants said that they knew that if they wanted to remain a part of the safe haven we were creating that they would have to modify their behavior.

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Detroit Urban League, Inc. – Detroit, MI FY 2003-04 Full Year Program

Summary

The Detroit Urban League, Inc. received \$80,000 to provide the Life Skills Training to 400 youth, ages 12-19, in an after-school program. The program will teach youth alternatives and positive means of resolving conflict, educate youth on the dangers of substance abuse, and inform youth about law enforcement procedures.

Final Report

Goal 1: To decrease the destructive thoughts of at least 300 youth ages 12-19 by 10%.

The evaluation tools used were O'Neill's Attitude & behavior pre/post surveys; attitude pre/post survey and violent attitude& behavior pre/post survey. Results are as follows:

- White Elementary 6th Grade students reported a 20% overall positive attitude change related to violence, by reporting that they believe handling problems peacefully is easier than resorting to violence. Students at White reported a 10% knowledge increase about substance abuse particularly alcohol and steroid use.
- Thirkell Elementary 6th graders report a 35% positive behavior change by reporting that they avoided physical fights, and a 15% positive attitude change.
- Detroit SNAP 14-16 year olds increased their knowledge of substance abuse their rankings went from moderate risk (pre) to great risk (post) for smoking and inhalant use, and from slight risk (pre) to great risk (post) to using club drugs.
- Liberty Middle School 6th graders reported a change in attitude/behavior in pre post survey regarding violence. Students responded no when asked in the pretest and responded yes in the post test, increasing their knowledge of the consequences involving fighting.

Process Indicators (Accomplishments towards goals or as a result of activities)

- The program served 561 youth, and 27 parents/guardians.
- This year's accomplishments include: providing services to youth in Highland Park, working in churches, and community based organizations.
- Do the Right Thing/Safe Night had approximately 150 people attended the event. The event promoted non-violent activities for children and youth ages 4-18, and recognized youth who do the right thing through academics, community service, leadership, the arts, and beating the odds.
- A series of Life Skills workshops were given to youth in the Highland Park Schools system, during the second quarter.

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Downriver Guidance Clinic – Southgate, MI FY 2003-04 Full Year Program

Summary

The Guidance Center received \$35,000 to provide the Second Step Training and Project Alert to five alternative education students and over 600 youth in the full year and summer prevention program. The high school student component will involve a job training program, offer high school credit for independent study, and provide a drug and violence prevention program. The youth program will be conducted at two schools, provide assistance from the alternative education students, provide academic enrichment, community service, substance and violence prevention programming, and conflict resolution and anger management skills.

Final Report

Goal 1: Increase in a negative attitude toward ATOD use by 15%

The increase in attitude was not large enough to meet the designated 15% increase, although some of the individual questions (e.g. questions about LSD and pep pills) exceeded the increase (over 20% increase).

Goal2: Increase in healthy decision making pertaining to ATOD

Behavior change was not measured for 2003-2004, but a plan is in place to collect the information for the 2004-2005 year.

Goal 3: Increase in negative attitude toward violence

Although there was no measurable change in youth attitudes based on pre and post knowledge measures, staff did identify some change in attitude among youth who attended the program on a regular basis.

Goal 4: Decrease in negative behavior of those who complete Second Step

A formal system was not in place to collect data that pertained to the behavior of the campers who received Second Step. The Center for Excellence will be collecting data throughout the camps next year in order to eliminate this obstacle. The hoped for increase may have been over-estimated given the problems experienced by this particular group of youth. The lack of improvement may be due in part to poor attendance, curriculum not completely implemented, and multiple problems of the youth enrolled in the program.

Process Indicators (Accomplishments towards goals or as a result of activities)

- The program served 287 youth, and 2 parents/guardians.
- The Prevention Program at The Guidance Center was funded to provide prevention programming during the school year, to hire at-risk youth to work at the Summer Prevention Camps, and to provide two camps in low-income communities.
- Teen Staff also worked at the Maple Grove Camps, which were offered August 2nd through the 4th in Woodhaven and August 9th through the 13th in Taylor. The Maple Grove Camps target children of parents who abuse substances.
- In addition, seven at-risk youth were provided with employment that will increase their marketability in the future.

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Every Woman's Place – Muskegon, MI FY 2003-04 Full Year Program

Summary

Every Woman's Place received \$55,00 to provide the Strengthening Families Program and Aggression Replacement Training to 25 youth, 8-18 years of age, and their families. Courts will refer youth who have been placed on informal probation and/or first time formal probation. The programs will enhance interpersonal skill competence; develop conflict resolution skills, social problem skills, substance abuse education, and increased communication skills within the family.

Final Report

Goal 1: A 20% reduction in substance use

Not all data was completed as requested by youth or parent participants. This is at times due to the family not completing services, or a general negligence on the part of the participant to complete information. The staff is now working with participants in a one to one process to collect post test data when necessary.

Process Indicators (Accomplishments towards goals or as a result of activities)

- The program served 82 youth, and 54 parents/guardians.
- The Strengthening Families survey indicates a 13.12% increase in protective factors to all participants who completed the program.
- Each series consists of 8 weeks with week one being an orientation to provide a summary of the curricula, scheduling, additional supports provided by the agency in whole and to complete pre-test information.
- Each week following orientation all participating youth, parents, and/or families are provided a meal, transportation when necessary and day care to eliminate these barriers for attendance.
- The Program Director and the direct care staff have communicated frequently throughout the program year with the authors of this curriculum to determine appropriate adaptations, consider methods to resolve barriers to service, and to compute results from the evaluations provided with the curricula.

Title IV, Part A- Safe & Drug-Free Schools Governor's Discretionary Final Year End Report Summary

Family Service and Children's Aid – Jackson, MI FY 2003-04 Full Year Program

Summary

Family Service & Children's Aid received \$85,000 to provide the Families and Schools Together (FAST) program to 200 youth, ages 3-11, and 100 parents at three elementary schools, and one Head Start site in the Jackson County Area. The family-centered early intervention program will provide effective communication skills, identifying family values, drug and violence information, and building cohesive family relationships.

Final Report

Goal 1: 75% of participants will adopt a no use, zero tolerance attitude regarding ATOD

The FACES III (Family Adaptability and Cohesion Evaluation Scales) for adults showed 1% increase in adaptability after program completion. Parenting Stress Index showed an 8% decrease in overall feelings of stress and isolation after program completion. Witte Parent Survey showed a statistically significant increase in overall contact with school personnel regarding their child's performance.

The O'Neill ATOD Opinion Survey showed 91% of adults reported an increase in their child's positive attitudes regarding a zero tolerance attitude toward ATOD, and 99% of children and youth indicated they had adopted a zero tolerance attitude regarding ATOD. (Remaining 1% accounts for children leaving the program prior to week #8 when post test was administered).

Process Indicators (Accomplishments towards goals or as a result of activities)

- The program served 158 youth, and 122 parents/guardians.
- The weekly program included: a family meal, games to enhance communication, individual time between adults to improve communication and networking skills and Special Play time with the target elementary school-aged child.
- Several parents and children shared that they enjoyed the program and learned a great deal about ATOD that they did not know prior to program participation.

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First Ward Community Services – Saginaw, MI FY 2003-04 Full Year Program

Summary

First Ward Community Services received \$70,000 to implement Preparing for the Drug-Free Years and The SCARE Program for 75 youth, ages 6-18, and 50 parents. The programs will provide conflict resolution skills, character education, life skills, crisis intervention, drug education, and peer mediation skills. Other program components will include academic enrichment, communication skills, health and nutrition, the ArtSmart program, and recreation.

Final Report

Goal 1: Decrease acceptance of ATOD by 20%

- Surveys and Pre-Post Tests indicate over 90% non-use and the same for positive attitude toward ATOD and violence prevention.
- Positive changes were seen in our youth such as improved grades, regular school attendance, 90% abstinence of ATODs and no reported incidences of violence or legal problems. This program is most likely the only positive ATOD, violence and positive lifeskills reinforcement most of our kids have experienced--having come from high risk environments.

Process Indicators (Accomplishments towards goals or as a result of activities)

- The program served 405 youth, and 202 parents/guardians.
- Halloween Dance and Haunted House, which gave youth and parents a fun and safe environment, and also provided them with the ability to meet new people in the area.
- The Annual Christmas Party included a presentation called "Stop the Violence," dinner, Christmas carols, and various skits.
- The Annual Valentines Day Dance gave youth the chance to exchange candy and cards that were made in the ArtSmart Program.
- The End of the School Year Picnic, which took place in June, involved a cook out, games, music and dancing. Students were recognized for their academic success.
- The Annual Youth Health Fair consisted of hearing tests, immunization shots, pulmonary testing, vision screening, and more than 75 youth received free school sports physicals from the volunteer doctors.
- Students attended the 6 week summer Artsmart classes on creating writing and visual arts to complete a 32 foot mural project that was unveiled and displayed on a downtown office building.
- James Robinson received a full academic scholarship to Michigan State University.
- Nineteen participants ended the school year with a GPA of 2.5 or higher.
- Four P-3 students worked in the FWCC Summer Day Camp program as youth aides and mentors.
- Jeremy Williamson received the Family Youth Initiative award for most improved grades and behavior.

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Fremont Area Community Foundation – Fremont, MI FY 2003-04 Full Year Program

Summary

Fremont Area Community Foundation will provide the PRIDE of Newaygo prevention program in five communities/schools in Michigan and in Copper County, in the Upper Peninsula to 15,000 youth and 1,500 parents. The program is provided in the elementary, middle school, and high school. All levels of PRIDE teach conflict resolution, dealing with peer pressure, building social skills, communication skills, and coping skills to resolve negative situations.

Final Report

Goal 1: Decrease the positive attitude of students by 15% when it comes to drug/alcohol use

Pre/Post testing took place with focus groups determined by the schools administration. A cross section was selected at each grade level, and sample sizes ranged within a normal classroom size. According to the CDC evaluation tool, there was a 15% decrease in the students' positive attitude when it came to drug/alcohol use. Over 70% 8th graders felt that cigarettes were a great risk after viewing the PRIDE program-those 8th graders have started a CP in that particular school district.

Process Indicators (Accomplishments towards goals or as a result of activities)

- The program served 16,405 youth, and 180 parents/guardians.
- The CDC developed the pre/post test tool.
- School staff/counselors continue to comment on the increased number of referrals into their counselors' office after viewing a PRIDE program.
- PRIDE is actively working with CSAP to get PRIDE programming put on the list as a promising/exemplary program.
- PRIDE encouraged youth to seek healthy lifestyles through skits, drama, music, and rap sessions.
- PRIDE sits on numerous community/State boards to develop safe and drug free events for the youth within the county/State.
- Teams are comprised of high school/college students from the county and at Northern University.
- This year project accomplishments are: ATOD prevention programming in the following schools: White Cloud Upper Elementary, Jack D. Jones Elementary, West Holland MS, Grayling HS, Grayling MS, Torrey Hill MS, UP Youth Conference, Fremont MS, Newaygo MS, Morley Stanwood MS, Zeeland MS, Otsego HS, Allegan HS, Baldwin MS, Reuther Middle School, Avondale Middle School, Hesperia HS, Champion Cheerleading Camp-Alma reaching over 2040+ at various schools across the state, Allegan Co. Fair Community service project.
- Community service projects included: Countywide dances, teen calendar committee meetings, Allegan Co. Fair, Norlite Nursing Home, Mocktails NMU, NCCS Adopt a family, Salvation Army, Special Olympics, Childrens Fair Safety Day, AP, CP team trainings according to goals.

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- Over 18,000 youth/adults were provided programming with numerous youth requesting PRIDE programming or trainings.
- As a direct result of PNC efforts the following trainings have taken place or are scheduled: Reuther MS CP, Avondale CP, Torrey Hill CP, Muskegon PRIDE Pals, Otsego AP training scheduled along with Allegan HS youth, West MS CP, VanHoosien CP, Hart CP, Muskegon AP.
- Most initial contacts are from the youth themselves wishing to have the programs started in their schools.

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Gateway Community Services– East Lansing, MI FY 2003-04 Full Year Program

Summary

Gateway Community Services received \$50,000 to provide the Aggression Replacement Training prevention program to 30 homeless, run-away, and adjudicated youth, ages 10-20 years old. In addition to the three 15-week session program, they will also provide a parenting program, mentoring, counseling, housing, and field trips.

Final Report

Goal 1: Youth will learn pro-social skills

The Aggression Questionnaire (AQ) was administered as a pre- and post-test, and 6 from the pre post tests were analyzed. On the Physical Aggression (PHY) sub-scale, 50% of the youth demonstrated positive change. This sub-scale focuses on the use of physical force when expressing anger or aggression.

Goal 2: Attitude: Increase in ability to control anger

The Physical Aggression (PHY) subscale of the AQ included eight items that focused on the use of physical force when expressing anger or aggression. Out of the 11 pre-tests and 6 post-tests, 6 from both were analyzed. There was a 50% positive change in participants. The Anger (ANG) subscale includes seven items that describe aspects of anger related to arousal and sense of control. Of the 6 tests analyzed, 3 saw a positive change, 2 saw no change, and 1 had a negative change in scores.

Goal 3: Increase ability for moral reasoning and sense of fairness

The five items on the Verbal Aggression (VER) subscale pertained to quarrelsome and hostile speech. Out of the 6 surveys that were analyzed, 2 showed a positive change. The Hostility (HOS) subscale of the AQ is the one most closely associated with pervasive social maladjustment, as well as severe psychopathology and even physical illness. Of the 6 surveys analyzed, 1 saw a positive change, 3 saw no change in scores, and 2 experienced a negative change.

Process Indicators (Accomplishments towards goals or as a result of activities)

- The program served 18 youth, and 3 parents/guardians.
- ART was conducted in two 15-week sessions during the grant cycle. Parents were involved in two sessions.
- Gateway also operated a sexual assault/abuse counseling program. Youth enrolled in the VPP who have been sexually abused/assaulted and are in need of this type of counseling could take advantage of this free individualized therapy.

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Manistee-Benzie Community Mental Health Services – Manistee, MI FY 2003-04 Full Year Program

Summary

Manistee-Benzie Community Mental Health received \$ 20,000 to implement the Second Step Violence Prevention Curriculum and the Life Skills Program to 65 youth and 20 parents in four elementary after-school and summer programs. The prevention programs will focus on personal self-management skills, general social skills, drug resistance skills, empathy, impulse control, and anger management skills. Other components will include academic enrichment, presentations, mentoring, and community service projects.

Final Report

Goal 1: Decrease the number of students with the attitude that violence is acceptable

Overall Student Improvement at MAPS: 1.013 (83% of Students improved). Overall Student Improvement at KND/BL: 1.396 (94% of Students improved). In the first sample of pre tests 84% of the elementary students (N=14) disagreed with the *target statement* that "It's OK to use violence to solve problems. On the post test, the elementary students improved their attitudes so that 100% disagreed with this statement. 43% of the middle school students disagreed with the *target statement*. The post test showed that the same percentage of students disagreed.

Process Indicators (Accomplishments towards goals or as a result of activities)

- The program served 73 youth.
- Parents rated their children overall as having more assets after being in the school success program. Teachers also gave high ratings of satisfaction about the participating students.
- Also, the Juvenile Court reported that there were virtually no petitions of youth to the Court for violence related issues this past year.
- Program activities included individual sessions with students, family meetings, home visits, after school groups, conflict resolution, crisis intervention, referral to community resources, summer groups for skill development, community service projects with students and recreation during the summer months.
- Five separate mental health workers had individual caseloads based on the school building they were assigned.

Success Stories

- During the summer a leisure outing to the zoo offered an opportunity to review the Second Step lessons when a stranger began teasing the students in the group. The at-risk students used their words instead of their fists to calm the situation down. It was apparent that the practice provided in the lessons proved valuable in a real life setting.

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Michigan Association for Deaf, Hearing & Speech Services – Lansing, MI FY 2003-04 Full Year Program

Summary

The Michigan Association for Deaf, Hearing & Speech Services received \$60,353 to provide the Life Skills Prevention Program Training and Character Counts to 200 deaf and hard of hearing youth and 55 parents in Detroit, Lansing and a Western Michigan school district. The 33 workshops, delivered in a visual manner, will be conducted during the school year, as well as "booster" sessions in the summer.

Final Report

Goal 1: Decrease the positive attitude of deaf/HH youth with respect to ATOD use by 10%

Results from the series of Substance Abuse prevention:

- Leadership Training School had a total of 27 High School students complete the program. The surveys showed an 18.5 % increase of knowledge gained from the Healthy Choices Substance Abuse Prevention program.
- The Detroit Day School for the Deaf hosted two programs, with a total of 22 students. The first program showed a 10% increase in knowledge in the winter after-school program, and a 12% increase in the summer after-school program.
- The Lansing Everett High School Anti-violence lunch-time program showed a 5.1% increase of knowledge. (This population had cognitive disabilities in addition to hearing losses.)
- Camp Chris Williams with 67 campers in the pre and post tests, showed a 36% increase in knowledge gained in Substance Abuse prevention and 11.5% increase of knowledge in violence prevention.

Process Indicators (Accomplishments towards goals or as a result of activities)

- The program served 247 youth, and 168 parents/guardians.
- School attendance rates on the days of the program were higher than those days the program was not scheduled.
- One child had left school for a physician's appointment due to pain, and insisted on returning back to school for the program after the school day.

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Michigan Department of Military Affairs – Battle Creek, MI FY 2003-04 Full Year Program

Summary

The Michigan Army National Guard received \$242,500 to conduct the Michigan Youth ChalleNGe Program. The residential prevention program will serve 200 statewide youth, ages 16-18. The program will focus on developing self-respect, personal discipline, social values, providing academic enrichment, drug and violence prevention, peer resistance, and effective communication skills. Youth who participate in the program will be students who are expelled, dropouts, or in danger of expulsion from statewide education programs.

Final Report

Goal 1: Reduce drug use/behaviors

The attitude survey showed that 46% believed there was little to no risk in using cocaine or heroin occasionally in the pre-test, while 12% showed this response in the post-test. Steroid use was seen as not a risk in both pre-and post-surveys. Alcohol use was seen as lower risk with less consumption: 60% thought that having 5-6 drinks once or twice a weekend was moderate risk, 78% thought that having 1-2 drinks held no risk. These totals slightly increased in the post-test: 68% thought 5-6 drinks once or twice a weekend was a moderate risk, 70% thought that having 1-2 drinks held no risk

Process Indicators (Accomplishments towards goals or as a result of activities)

- The program served 380 youth, and 500 parents/guardians.
- Students are required to live by military custom and courtesy perimeters and emulate their military leadership. This is done through posture, language, respectful tones and using the "yes sir, no sir" response to all questions.
- Youth that participate in the program are required to quit all drug use upon entry into the program.
- A superior work ethic is instilled in students through early rising, teamwork, a strict routine, and community service.
- The average gpa for those entering the program was a 2.0; upon leaving the average grade was a 3.512.
- Upon graduation: 36 youth decided to continue their education, 44 received their GED, 17 joined the military, 71 became employed, and 85 were matched with mentors.

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Mt. Zion – Clarkston, MI FY 2003-04 Full Year Program

Summary

Mt. Zion received \$35,000 to provide three research-based programs: Project Alert, Life Skills Training, and Creating Lasting Family Connections to 100 youth, ages 11-14, and 100 parents. Project Alert and Life Skills Training will be presented as an After-School Program, and Creating Lasting Family Connections will be presented to parents as an evening program.

Final Report

Goal 1: Increased perceived harm in alcohol, tobacco, and marijuana

Pre and post tests had a 20 student sample size. Outcomes represented a positive change in approximately 39% of students.

Goal 2: Decrease in use of alcohol, tobacco, and marijuana

Pre and post tests had a 20 student sample size. The outcomes showed a 50% decrease; pre-test surveys indicated some previous use/experimentation with identified substances. The posttest indicated abstinence in 50% following completion of program.

Goal 3: Improve adolescents and parents awareness of protective factors present in the community

Pre and post tests had a 20 student sample size. Outcomes represented a positive change in approximately 35% of students and parents.

Process Indicators (Accomplishments towards goals or as a result of activities)

- The program served 3,170 youth.
- The overall program assisted students with a variety of activities out of school including: cooking, arts & crafts, kickboxing, skating, moonwalk, sumo wrestling, tutoring, billiards, and video games.
- Each session was held for five weeks, twice per week, on Mondays and Fridays, totaling ten sessions.
- At each session, pizza and pop was made available to encourage participants. Participants represented public and private schools from six schools in the surrounding community.

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Muskegon County PRIDE – Muskegon, MI FY 2003-04 Full Year Program

Summary

The Muskegon County PRIDE received \$50,000 to implement the Life Skills program to 152 inner-city youth, ages 11-16, and Effective Black Parenting program to 40 parents. The after school program, conducted throughout the year, will also provide mentoring, academic enrichment, community service projects, parenting skills, and employment skills.

Final Report

Goal 1: To increase the perceived harm of gateway drugs by 10%

80 Pre/post tests of Botvin's Life Skills all showed negative scores. These tests were given to elementary, middle, and high schools youth.

40 Focus groups used Botvin's Life Skills with elementary youth. 65%-understood definitions of self-esteem could specify feelings, and how to express and manage them; 15% understood harmful effects of alcohol and tobacco; 12% were encouraged by a youth mentor.

11 Pre-post tests - Project TNT for middle and high school youth. 78% understood harmful effects of tobacco; 56% understood the harmful effects of peer pressure and how to overcome; 33% understood how to be assertive to express viewpoints on harmful effects of tobacco.

Process Indicators (Accomplishments towards goals or as a result of activities)

- The program served 350 youth ages 8-21, and 31 parents/guardians.
- Upon the programs analysis it was discovered many youth could not read the questions, could not understand the questions because of age differences, or could not understand English. Therefore, the program relied more heavily on focus groups and interviews to assess results.
- Anger and disciplinary issues decreased. Teacher, counselor and social worker positive feedback increased.
- Youth with academic concerns were matched with volunteer tutors to help them improve and build self-confidence.
- Youth and staff developed a 45-minute drug-prevention presentation based on Botvin's life skills to present to peers, parents, schoolteachers, administrators and community members. The presentation included dance routines, skits and dramas.
- Youth participated in ten presentations throughout the fiscal year.
- The program developed public service announcements (PSAs) that were written and acted out by middle and high school youth and filmed at schools.
- The youth president participated in a nationally developed DVD about the harmful effects of marijuana. The DVD will be distributed to schools across the country.
- Youth who continued to struggle with aggressive behavior and poor self-control were required to go through the "peer-suasion" process with weekly mentor follow-up and support. These youth were assigned a peer buddy.

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Final Year End Report Summary

**Northeast Michigan Community Partnership Inc. – Alpena, MI
FY 2003-04 Full Year Program**

Summary

The Northeast Michigan Community Partnership, Inc. received \$19,059 to provide a community youth assessment, for 1,000 students, followed by community-wide drug and violence prevention planning and organizing in Montmorency and Presque Isle counties. These efforts will produce two new local coalitions, with an active group of 15 people in each county, and through their training an increase in knowledge will create county prevention action plans that define specific goals, assign responsibility for goal achievement, determine success indicators and describe plan evaluation.

Final Report

Goal 1: Change in attitude toward drug use through training in prevention strategies

Due to delays in administration and tabulation of youth survey, the part of the project, which would have accomplished the anti-drug coalition building and training in prevention strategies, could not be completed by Sept. 30, 2004.

Process Indicators (Accomplishments towards goals or as a result of activities)

- The program served 550 youth, and 30 parents/guardians.
- The project conducted the federally approved Communities That Care Youth Survey in the five school districts and in two parochial schools in Montmorency and Presque Isle counties.
- A Youth Action Team was organized and training was delivered in affiliation with Presque Isle's Promise, and three Montmorency County teens interested in developing prevention messages for their peers were assisted. These youth will be part of their county anti-drug coalitions.

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Final Year End Report Summary

**Saginaw County Chamber Foundation Crime Prevention Program – Saginaw, MI
FY 2003-04 Full Year Program**

Summary

The Saginaw County Chamber Foundation Crime Prevention Program received \$25,000 to continue the Saginaw County Crime Prevention Summit and Crime Prevention Plan. The Plan will incorporate initiatives that include business, education, neighborhoods, media, health care, youth and law enforcement/government.

Final Report

Goal 1: Change in student attitude toward resolution of differences and disputes

Positive changes occurred on 3 measures: students are more inclined to intervene to deter or prevent a potential fight, more inclined to see themselves in a less negative way if they walk away from a fight, and less inclined to resort to violence to resolve a conflict.

Process Indicators (Accomplishments towards goals or as a result of activities)

- The program served 292 youth, and 3 parents/guardians.
- The Youth Summit engaged the resources of the Crime Prevention Council, 13 school districts representing 19 high schools and 7 middle schools including superintendents, principals, teachers, counselors and students; business leaders who have contributed supplemental funding; staff members from SVSU, government and law enforcement officers who served as group facilitators; and faith-based organizations.
- When asked to grade the Summit, 62% gave an A grade, 34% a B grade, 2% a C grade, 2% a D grade and 2% an F grade (the students who gave an F grade indicated in another question that they would recommend the program to other students).

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Final Year End Report Summary

**Saginaw County Chamber Foundation Crime Prevention Program – Saginaw, MI
FY 2003-04 Full Year Program**

Summary

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Final Report

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- The Youth Summit engaged the resources of the Crime Prevention Council, 13 school districts representing 19 high schools and 7 middle schools including superintendents, principals, teachers, counselors and students; business leaders who have contributed supplemental funding; staff members from SVSU, government and law enforcement officers who served as group facilitators; and faith-based organizations.
- When asked to grade the Summit, 62% gave an A grade, 34% a B grade, 2% a C grade, 2% a D grade and 2% an F grade (the students who gave an F grade indicated in another question that they would recommend the program to other students).

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Final Year End Report Summary

**Saginaw Valley State University – University Center, MI
FY 2004 Summer Program**

Summary

Saginaw Valley State University received \$ 50,000 to provide a summer program utilizing the Life Skills Prevention Program for 60 youth, ages 12-15, and 100 parents. The program will develop youth resistance to peer and media pressure to use substances, enhance positive youth self-image, increase proactive decision-making and problem-solving skills, promote anger and anxiety management, and build effective communication skills.

Final Report

Goal 1: Increase program participants attitude of perceived harm in use of ATOD by 30%

Goal 2: Decrease program participants proacceptance attitude toward violence by 30%

Goal 3: Decrease violent behaviors of program participants by 30%

- Pre/Post-tests were used
- Sample size: 50
- Grade Level: Middle School (6th - 9th grades)
- Results were very positive but it should be noted that 1/4 of our students had been in the program for two years prior and perhaps another 1/4 of the students were participating in the program for a second year. We believe that this attributed to our promising results.

Process Indicators (Accomplishments towards goals or as a result of activities)

- Supplemental program components included: Academic Enrichment, Teaching Tolerance, Service-Learning and Health/Physical Education (structured recreation/anti-drug activities) which were tailored to our target population of predominately African American youth participants.
- The program was implemented for eight weeks to violence prevention activities including experiential learning activities, structured recreation/anti-drug activities, service learning projects, community/family enrichment activities, role plays, guest speakers.
- The summer program served 56 youth and 79 adults.

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Save Our Neighborhoods and Streets Outreach Center – Port Huron, MI FY 2003-04 Full Year Program

Summary

Save Our Neighborhood and Streets Outreach Center received \$67,509 to provide the Life Skills Prevention Program to 1,000 youth, 3rd through twelve grade, and 100 parents. The program will target youth that are incarcerated, in a Day Treatment Facility, an alternative education program, and low income high risk youth. The program will be conducted six days a week and will include substance abuse and violence training, mentoring, tutoring, community service, recreational activities, and educational field trips.

Final Report

Goal 1: Decrease in positive attitude towards using violence for conflict resolution by 7%

Pre/posttest included a total of 102 completed matches from grade levels 2nd to 12th. Overall results from all testing showed a 7.73 % reduction in the participants' propensity to use violence as a means of conflict resolution.

Process Indicators (Accomplishments towards goals or as a result of activities)

- The program served 647 youth, and 14 parents/guardians.
- Funded activities included: basketball leagues, summer clubs, after-school programs, mentoring, detention facility outreach, Manhood I and Manhood II for junior and senior high boys, teen leadership group, and field trips.
- All programs are provided with the Life Skills Prevention Program.
- The highest improvements came from the day-treatment group (juvenile offenders) 15% and the Manhood I and II components at 13%.
- We had a basketball player who was angry and out of control. In working with him and his mother we were able to change his behavior and help him to take responsibility for his actions in a more positive manner. We have seen positive changes in the manner in which a family of middle school boys treat their mother. They now show her more respect and refrain from verbally attacking her. Her husband is an abusive alcoholic and would encourage the boys to abuse and disrespect their mother. When our staff visit the schools in our district the administrators express great comfort in knowing that their are caring adults that are helping some of their tough kids grow up. Because of this program the behavior of youth in this community is so much more healthy. It shows in racial relations and in cross-generational understanding and acceptance.

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Starfish Family Services, Inc. – Inkster, MI FY 2003-04 Full Year Program

Summary

Starfish Family Services, Inc. received \$80,000 to provide the Life Skills, Second Step, and Parents Who Care curriculum to 120 youth, ages 10-17, and 60 parents. The targeted youth will be predominately run-aways and homeless youth. A full year and summer program will provide substance abuse and violence prevention, community service projects, personal self-management skills, social skills, conflict resolution, and mentoring.

Final Report

Goal 1: To increase the attitude towards perceived risk of ATOD of youth by 10%

Overall, there was a 12.7% increase. The percentage from change for females was 16.6%, while the degree of change for males was only 6.8%.

Process Indicators (Accomplishments towards goals or as a result of activities)

- The program served 79 youth, and 21 parents/guardians.
- Youth graduates completed a satisfaction survey before they left the program. Out of the group participants 100% indicated that they strongly agree or agree that they "enjoyed participating in group", would refer a friend or family member to ASSETS, and felt that the "ASSETS staff are friendly, helpful, and concerned about me."
- Out of these participants, 100% indicated that they strongly agree, "the program was helpful in providing information", and they "enjoyed/liked experiences with Youth Leadership Project activities."
- At the end of the year graduation, youth spoke of internal changes that they made surrounding respect and trust for themselves and others. Others focused on changes they made in their skills such as the ability to communicate more effectively with their peers and parents.
- Groups were well attended with an overall average attendance rate of 83% for the course of the year.
- The eight-week parent group discussed topics including Dealing with Anger, Solving Problems, Impulse Control, Empathy, and Supervision.
- Youth were assigned a case manager and meet with that individual in order to progress in their goals formulated on their service plan.
- Youth also participated in monthly community service projects that included walking dogs at the Dearborn Animal Shelter, writing letters to same-age-peers that live on a military base in California, serving and hosting the Willow Creek Retirement Community Christmas party, 8 mile Walkathon for the March of Dimes on April 25th, helping at-risk children in a local after school program, an 8 mile Walkathon for Diabetes, two service learning projects at Willow Creek Retirement Community, and delivering books for the Red Wagon Summer Literacy Program.
- Youth and families received free tickets to attend the Rodeo at the Palace of Auburn Hills.
- The program also held a leadership summer program for eight weeks for youth ages 11-14 in the city of Inkster.

Title IV, Part A- Safe & Drug-Free Schools Governor's Discretionary Final Year End Report Summary

Substance Abuse Council of Greater Battle Creek – Battle Creek, MI FY 2003-04 Full Year Program

Summary

The Substance Abuse Council of Greater Battle Creek received \$69,673 to provide the Strengthening Families Program to 100 youth, ages 10-14, and their families. The program will target high-risk youth and families in the court system and will provide family interaction, skill building activities, drug and violence prevention, effective communication skills, and conflict resolution skills.

Final Report

Goal 1: Change attitude of substance use in families attending SFP by 10%

A pre and post test was given to each of the youth. On average, the youth better understood the risks associated with various substances by the end of the SFP session (63% compared to 75% at the post-test). Youth understood that marijuana use was a behavior that was of great risk in the post test (32% in pre test to 56% in post test). More youth understood that 1-2 drinks of alcohol every day was a great risk (28% in pre test to 58% in post test).

Goal 2: Increase parent/child anti-drug discussions in families attending SFP

This goal was measured by observing participants during the sessions. Over two weeks, parents and youth spent time during the session talking about drugs and alcohol. The pre test indicated that 80% of parents spoke with their child a little or most of the time about letting their child know specifically what they expect regarding alcohol and drug use, whereas 96% said they did on the posttest. Pre test results showed 73% of parents said they talked to their child about the dangers of alcohol and drug use either a little or most of the time, however this statement increased 85% on the posttest.

Process Indicators (Accomplishments towards goals or as a result of activities)

- The program served 72 youth, and 55 parents/guardians.
- An unintended positive were the booster sessions. Families voluntarily signed up and completed four booster sessions. These were families who were court ordered to attend the first seven weeks, but decided to continue on with boosters.
- Parents also wrote a letter to their youth expressing their disapproval of drug and alcohol use with their youth.
- Reduction in use of ATOD was substantial with the youth and reported upon.

Title IV, Part A- Safe & Drug-Free Schools Governor's Discretionary Final Year End Report Summary

Oakwood Health Care Inc. Taylor Teen Center – Dearborn, MI FY 2003-04 Full Year Program

Summary

Oakwood Health Care Inc. Taylor Teen Center received \$36,314 to provide Project Alert and Second Step to middle school students. The S.A.V.E (Substance Abuse Violence Educators) Presentation prevention curriculum and Second Step to the 5th/6th grade school group, and Botvin's Life Skills Training Curriculum to the third group, high-risk high school youth.

Final Report

Goal 1: Increase anti-Drug use – attitude

In the 5th/6th group, for the total survey, there was an 11% increase over the pre/post period in perceived risk in using alcohol, tobacco and other drugs (ATOD). On the posttest, at least 70% felt a moderate/great risk in using any of the drugs on the survey. In the 7th/8th group for the total survey, there was a slight (3%) decrease over the pre/post period in perceived risk in using alcohol, tobacco and other drugs (ATOD). In the 'Expressions' group for the total survey, there was an average 38% decline in the recent (past 30-day) use of alcohol, tobacco and other drugs (ATOD).

Goal 2: Increase anti-Violence-attitude

In the 5th/6th group, for the total survey, attitudes toward violence, across items, found a 30% decline in attitudes favoring violence. In the 7th/8th group for the total survey, attitudes toward violence decreased by 50%. In the 'Expressions' group there was a 50% decline in attitudes favoring violence.

Goal 3: Decrease Violence-behavior

Information from the Parent observation checklist found that 78% of parents surveyed reported that their child shared information that they learned in the program. Eighty-two percent reported an increase in communication with their child.

Process Indicators (Accomplishments towards goals or as a result of activities)

- The program served 81 youth, and 36 parents/guardians.
- There was no use reported except for marijuana, which declined from 14% prevalence at the pretest to 0% at the posttest.
- The decrease for the three groups was between 30% and 50%, more than tripling the projection.
- The program was held for six hours each day for three days a week for eight weeks.
- Youth in the 'Expressions' program were referred to TTHC from school social workers, counselors, other intervention programs, as well as parents and the local courts.
- Once a week a yoga instructor came to the program.
- Transportation for Taylor participants was also provided.
- The S.A.V.E peer educators are required to complete a six-month training and an intensive exam with a minimum post score of 75%.

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Final Year End Report Summary

**Temple United Methodist Church – Muskegon Heights, MI
FY 2003-04 Full Year Program**

Summary

Temple United Methodist Church received \$50,000 to implement the Life Skills Training Program for 180 youth, ages 8-21, and the Effective Black Parenting Program to 40 adults. The after-school and summer program will provide Life Skills, Character Counts, mentoring, tutoring, employment skills, dispute resolution skills, community service projects, and education field trips.

Final Report

Goal 1: Decrease play fighting, physical fighting and bullying

Data?

Process Indicators (Accomplishments towards goals or as a result of activities)

- The program served 108 youth, and 75 parents/guardians.
- EVENTS; two week intensive theater arts program, report card celebration parties, family dinner nights, backpack giveaway, free community car washes, visit to County offices, courtroom and jail, tour chemical plant and helping at the supper house, community clean-up are some of regular events.

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Final Year End Report Summary

**The Alliance for a Safer, Greater Detroit – Detroit, MI
FY 2003-04 Full Year Program**

Summary

The Alliance for a Safer, Greater Detroit will provide an academic or athletic camp for 300 youth, ages 11-18. The program will provide monthly meetings throughout the year to include workshops and break-out sessions on drugs and violence prevention, provide community mentors, and provide a summer camp experience at one of six Michigan universities.

Final Report

Goal 1: Increase safety awareness and practices among the community

No data provided.

Process Indicators (Accomplishments towards goals or as a result of activities)

- The program served 70,000 youth, and 70,000 parents/guardians.
- A professional video was produced to reach all students, parents, teachers and other stakeholders. One video was designed to reach grade school students and one video was produced for older students.
- Brochures were designed for this year and were distributed to each school for all the students and their parents as an educational aid.

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Traverse City School District – Traverse City, MI FY 2003-04 Full Year Program

Summary

Traverse City Area Public Schools in collaboration with the courts and the prosecutor's office received \$40,000 to provide the Strengthening Families Program, Second Step program, and the Aggressors, Victims and Bystanders prevention programs to 306 youth, ages 5-9, and 90 parents. The programs will be provided for the full year and will provide tutoring, effective communication skills within families, conflict management skills, anger management, and problem solving skills.

Final Report

Goal 1: There will be a decrease in anti-social /violent acts among participants

All program participants 13 years and older completed pretests and post test for their respective programs. 71.5% of the student participants in AVB improved behavior by at least 50%.

Process Indicators (Accomplishments towards goals or as a result of activities)

- The program served 73 youth, and 8 parents/guardians.
- Aggressors, Victims and Bystanders ran weekly from October through the first week in June with each of the four participating sites setting their own schedule.
- Second Step was offered 4 different times in six-week sessions. The second and fourth session of Second Step were cancelled due to no participants.

Title IV, Part A- Safe & Drug-Free Schools Governor's Discretionary Final Year End Report Summary

Van Buren/Cass District Health Department – Hartford, MI FY 2003-04 Full Year Program

Summary

The Van Buren/Cass District Health Department received \$40,000 to provide the Project Towards No Drug Abuse program to 100 youth, age 14-19, and the Parenting Wisely program for 100 parents. The youth program will provide motivational activities, social skills training, and decision-making components. Youth will be targeted from the juvenile court system, Family Independence Agency, and mental health. The parent program is aimed at families who have children that are delinquent or at risk for becoming delinquent or substance abusers.

Final Report

Goal 1: Reduce tobacco, alcohol and other drug use by 20%

Comparing the pre and post test scores of valid TND surveys there was a 20% drop in the projected use of alcohol before and after TND. There was an 8% reduction in projected marijuana use. 33% showed a reduction in the predicted overall use of all drugs after TND, 53% showed no change, and 13% reported an increase in their projected use.

Process Indicators (Accomplishments towards goals or as a result of activities)

- The program served 71 youth.
- The project was modified because the parent program did not get any referrals from the courts.
- The program held sessions for seven-weeks, 2 hours each week.
- A variation of the program was also provided with Hispanic students in South Haven Schools using incentives and some culturally sensitive changes to the program process.
- The most positive reactions can from the Hispanic project as it involved youths that were interested in the project and not required to attend. The parents were also more involved as a cultural factor. These students asked "when are we doing this again?" The more typical student reaction was "this isn't as bad as I thought it would be". School administrators liked that a cost free service was made available to their students.

Title IV, Part A- Safe & Drug-Free Schools Governor's Discretionary Final Year End Report Summary

Volunteers in Prevention, Probation & Prisons – Detroit, MI FY 2003-04 Full Year Program

Summary

Volunteers in Prevention, Probation & Prisons, Inc. received \$45,000 to continue the Michigan Mentoring Initiative. The prevention program provides 100 youth, ages 8-15, with adult mentors who are trained on drugs and violence prevention. The adult mentors will meet weekly with the youth for one full year. Youth will gain from their mentors a positive attitude to stay drug and violence free, remain in school, and live a healthier lifestyle. The prosecutor's office, judicial circuit court, and the Detroit Public Schools will refer youth to the mentoring program.

Final Report

Goal 1: Decrease self-reported use of alcohol, tobacco and other drugs

T-tests were used to compare the means for the paired sample. Changes in risk levels were statistically significant ($p < .05$) in all domains except for the Educational status domain. In each domain, these changes indicated a reduced risk level on the post-intervention measure.

Process Indicators (Accomplishments towards goals or as a result of activities)

- The program served 94 youth.
- Both youth and mentors report a very high degree of satisfaction with the program. Youth and mentors also report that they feel the mentoring intervention was beneficial to youth in a number of specific areas including “staying away from drugs” and “staying away from alcohol, including beer.”
- VIP recruited over 500 potential mentors, of which 221 attended one of over 60-scheduled two-part training session.

Title IV, Part A- Safe & Drug-Free Schools Governor's Discretionary Final Year End Report Summary

West Midland Family Center – Shepherd, MI FY 2003-04 Full Year Program

Summary

The West Midland Family Center received \$75,000 to provide the Second Step: A Violence Prevention Curriculum to 250 youth, ages 5-12, and 65 parents during the after-school and summer program at two centers. The program will provide drug and violence prevention, anger management skills, problem solving skills, effective communication skills, mentoring, and academic enrichment.

Final Report

Goal 1: A 10% decrease in the percentage of violent activities and disciplinary problems

Twenty-one youth participants completed both the pre/post tests. There was a 37% positive result.

Process Indicators (Accomplishments towards goals or as a result of activities)

- The program served 295, and 53 parents/guardians.
- 100% of youth learned at least one reason not to smoke; 85% learned at least one reason not to drink alcohol; 100% learned how drugs affect their bodies, and 85% learned that drugs would not solve their problems.
- The Stay-Cool After School program is in partnership between West Midland Family Center, North Midland Family Center, Bullock Creek Schools, Midland Public Schools, and the Circle of Health Partnership.
- Additional activities included: Boy Scout and Cub Scout Troops, a Girls Club that incorporated speakers from a local professional women's club.
- Daily, a variety of stations were offered that included reading, computers, games and crafts.
- There were special selections such as "Everybody Counts" (a disabilities tolerance program) that was presented to the 3rd through 5th graders, and one time music appreciation program presented to the K-2nd graders.
- Recreation and fitness was incorporated throughout, with a special emphasis during the summer program with a Fitness Fun component to promote physical fitness and nutrition.
- A field trip to the "Great American Dessert Party" (a local non-profit organization fundraiser that takes place a fine restaurant) was also provided as an incentive for participation in the programs.

Title IV, Part A- Safe & Drug-Free Schools Governor's Discretionary Final Year End Report Summary

Winning Inc. of America – Benton Harbor, MI FY 2003-04 Full Year Program

Summary

Winning Inc. of America received \$99,977 to conduct a Violence Prevention and Literacy Recovery project to include the Life Skills Training and Second Step prevention programs for 400 youth, ages 4-13, and 150 parents. The youth will receive conflict resolution strategies, drug and violence prevention education, academic reinforcement, anger management skills, and personal self-management skills. Mentors and tutors will be provided and parents will be encouraged to attend in-service training to participate in the literacy and prevention programs.

Final Report

Goal 1: The targeted children will decrease their violent behavior by over 10%

In the fighting subscale the males' behavior improved an average of 12.2% compared to 20.6% improvement by females. In the bullying subscale female behavior improved an average of 35.9% compared to the males 21.9% improvement. In the anger subscale male behavior improved 16.3% compared to the females 23.1% improvement. The males' behavior improved in caring/cooperation by 7.76% compared to the females 11.4% improvement. The overall average male behavior improvement for the four subscales is 14.55%. The females contrasted with a 22.74 % overall average behavior improvement.

Process Indicators (Accomplishments towards goals or as a result of activities)

- The program served 304 youth, and 41 parents/guardians.
- The Modified Aggression Scale Questionnaire was used to measure the children's self-reported violent behavior through a pre and posttest. The scale is composed of four subscales: fighting, bullying, anger, caring and cooperation.
- The second component of the project included an after school tutoring program, a preschool and an educational literacy recovery summer program.
- An after school year round tutoring program for children ages 6- 14 was conducted by a trained team of eleven young adult mentors and certified teachers. They worked two hours after school for four days a week, tutoring and educating the at-risk youth in literacy recovery and academic strategies.
- A team of twelve trained teachers from June to early August conducted an eight-week summer literacy and violence prevention program.
- If the parent was a non-reader, an adult reader worked with the child and signed a note verifying the daily reading responsibility was fulfilled.